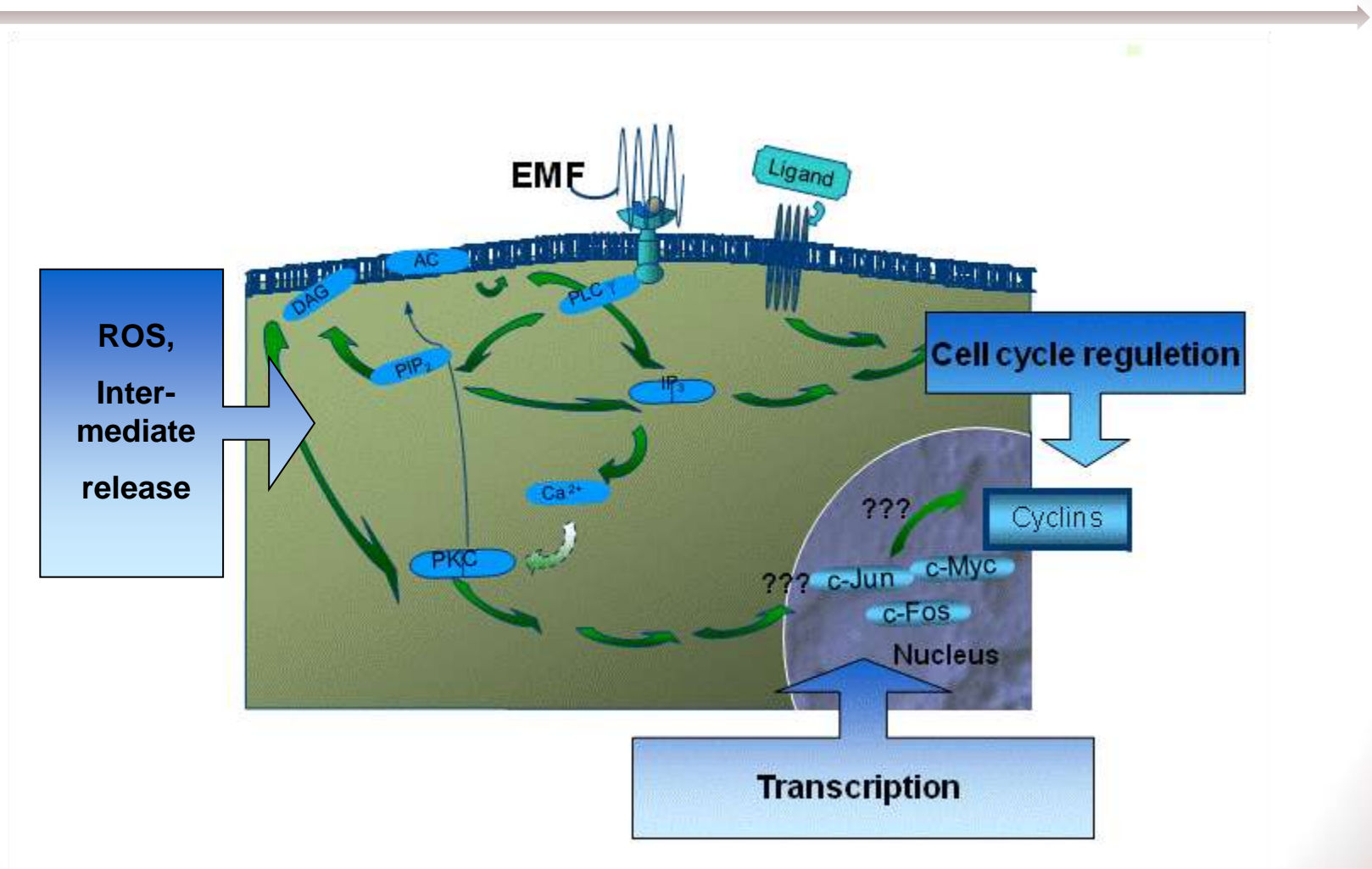

ELF- magnetic field and immune response modulation

Prof. Myrtill Simkó

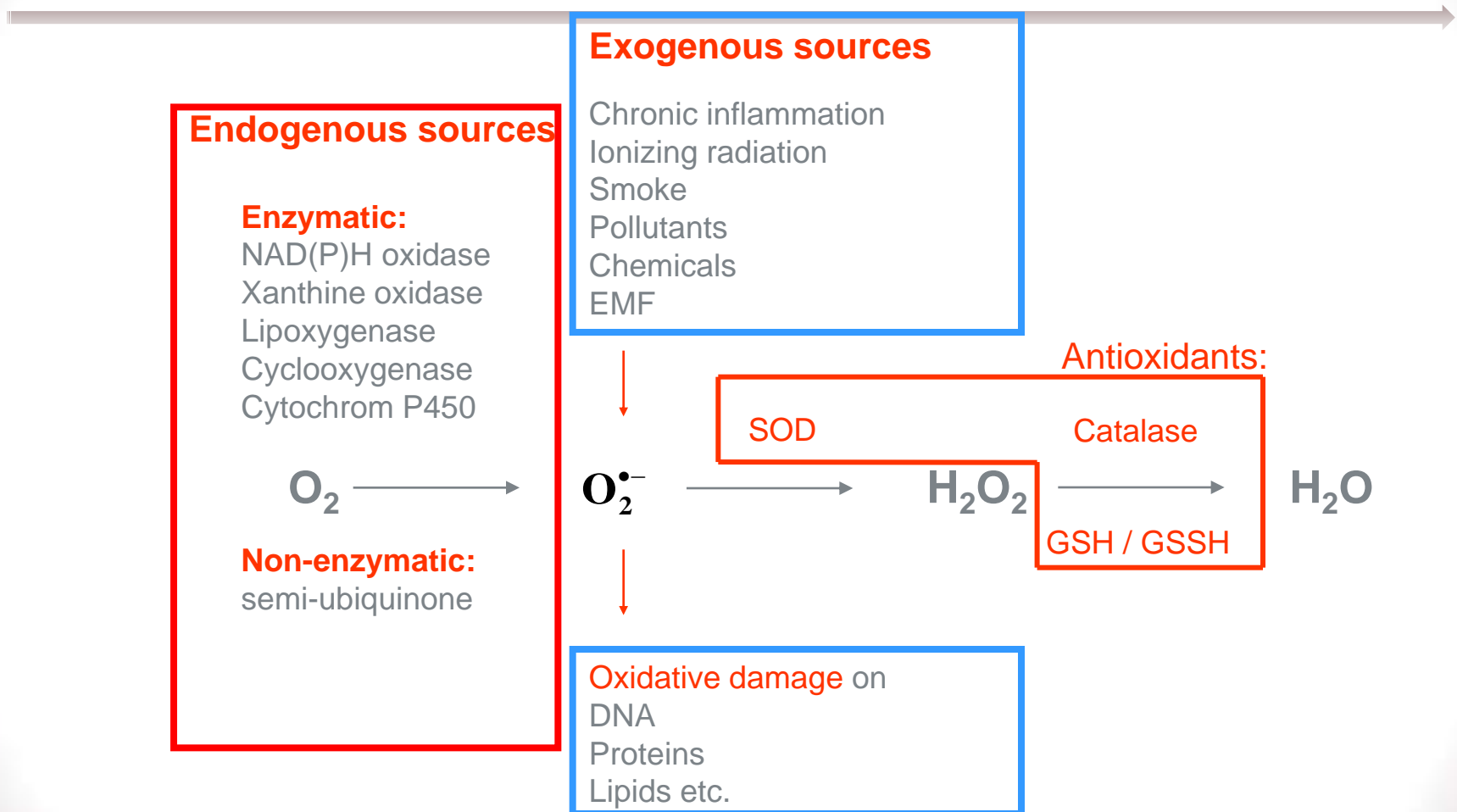
**Health & Environment Department
AIT Austrian Institute of Technology GmbH
Konrad-Lorenz-Straße 24
3430 Tulln
Austria**

-
- Situation: **ELF-EMF interacts with biological systems!**
- Fact: **Mode of action is unknown!**
- Hypothesis 1: **ELF-EMF modulates oxidative response(s) dose (flux density and time) dependently**
- Hypothesis 2: **Different cell types react differently since they have different homeostatic capacity!**
- Hypothesis 3: **This modulation can be used positively.**

Hypothesis - Cell activation



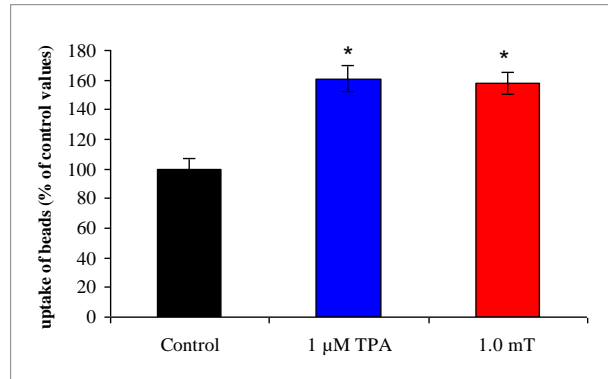
Free radicals



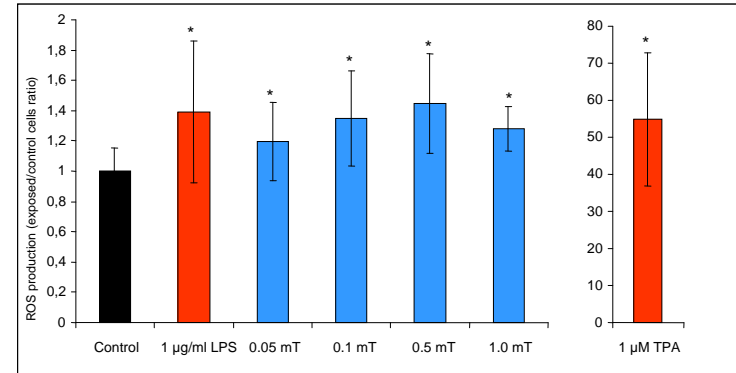
Macrophages

(1 mT, 50 Hz, 45 min)

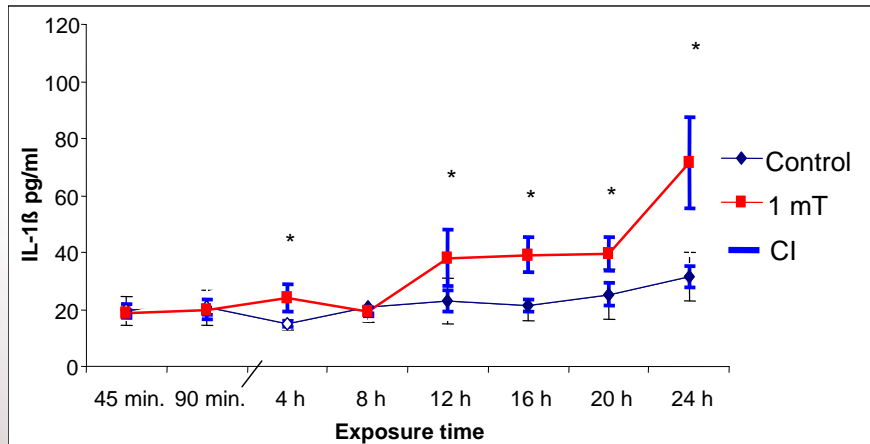
Phagocytic activity



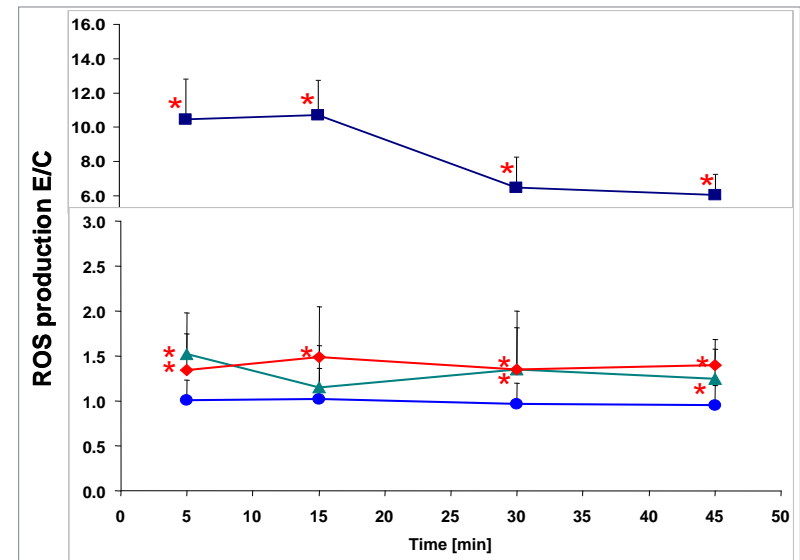
ROS production



Interleukin-1β release

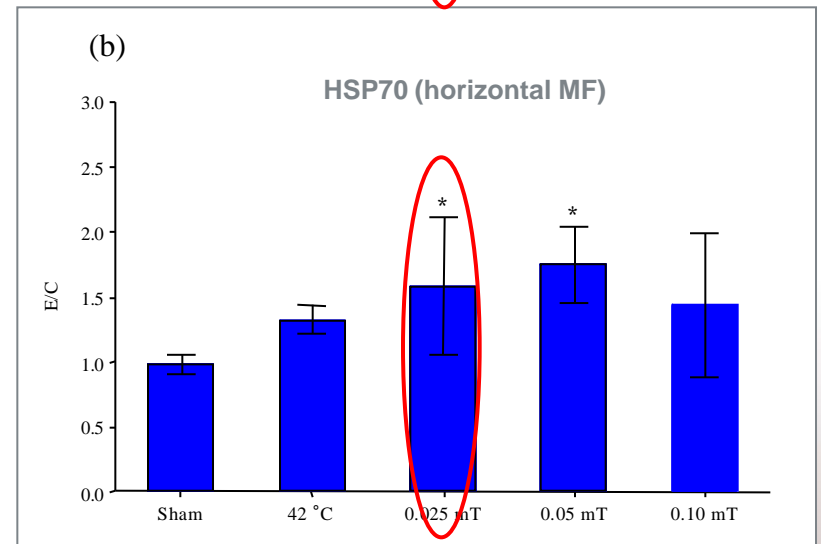
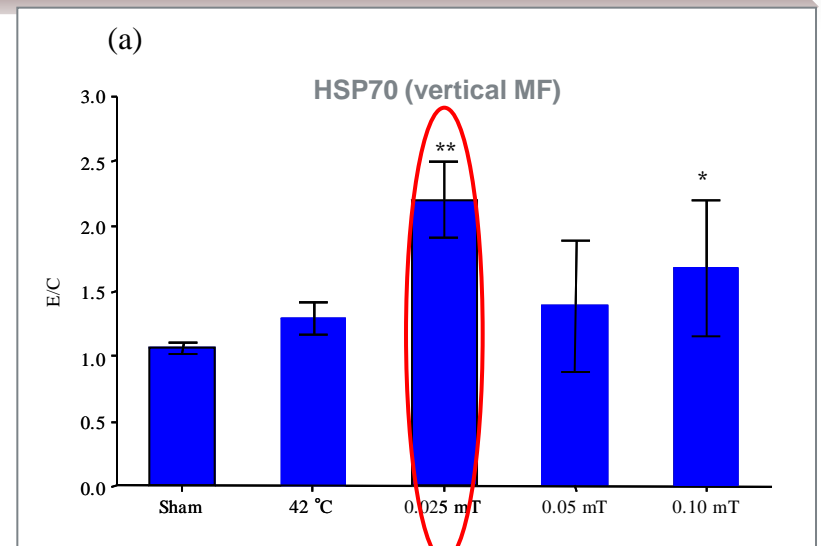
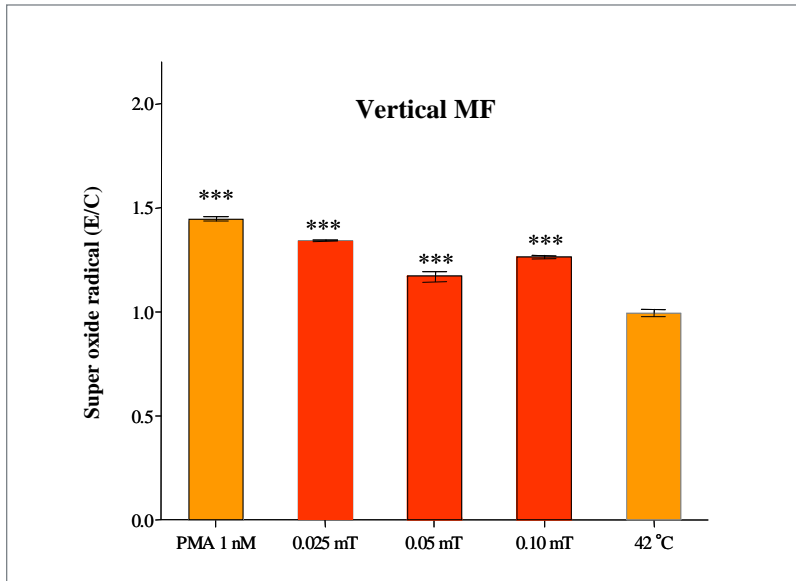


Time independent ROS production

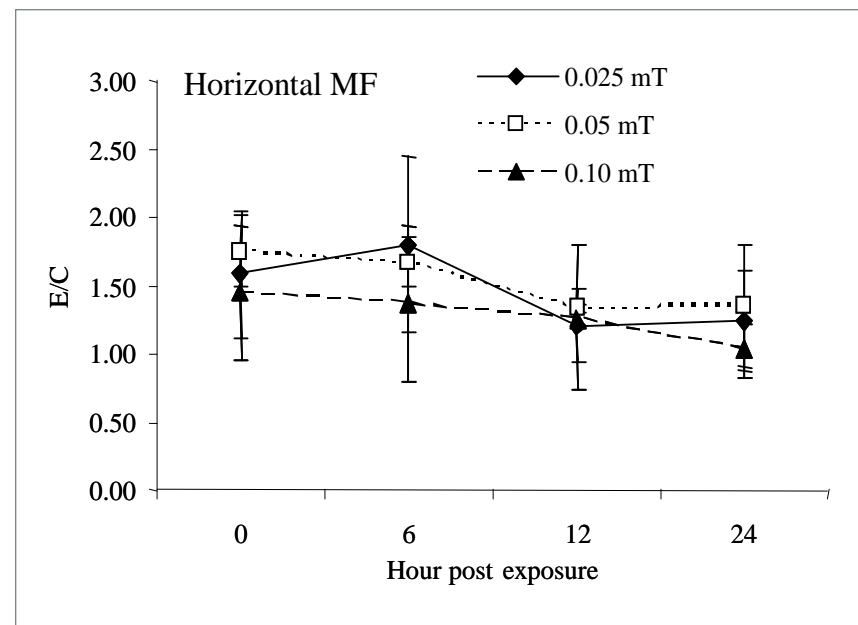
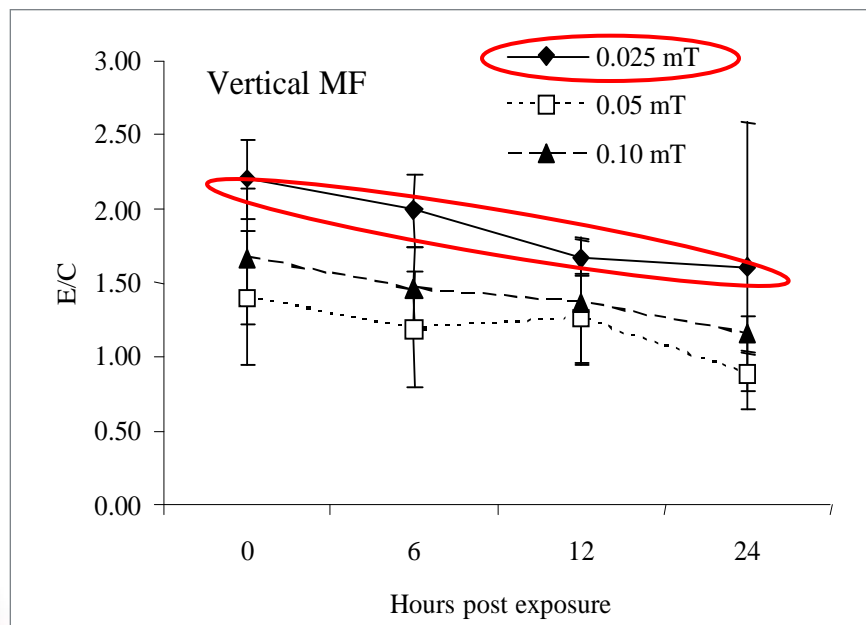


HSP70 protein in K562 cells

(1 h, 50 Hz MF)

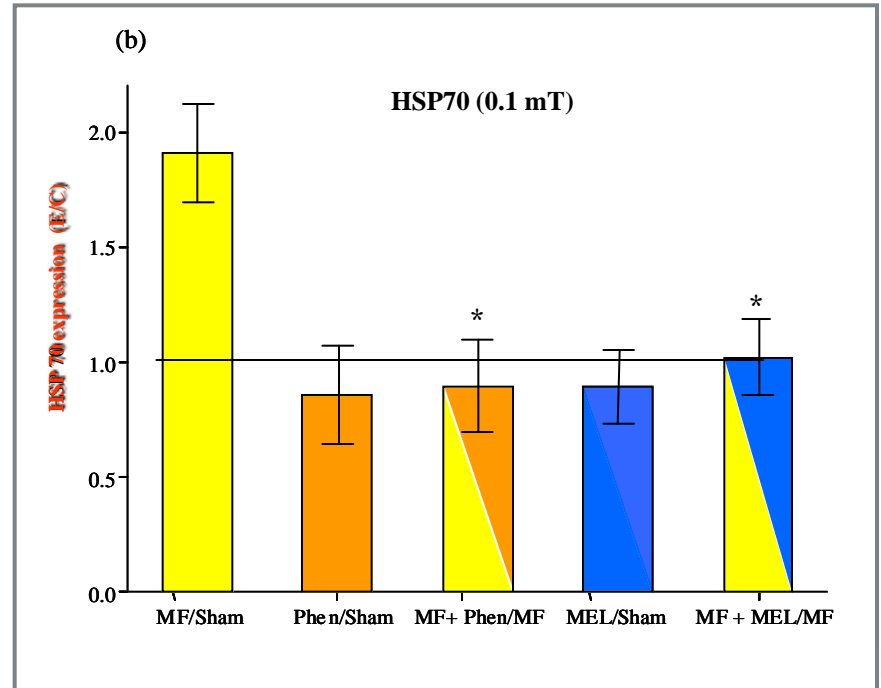
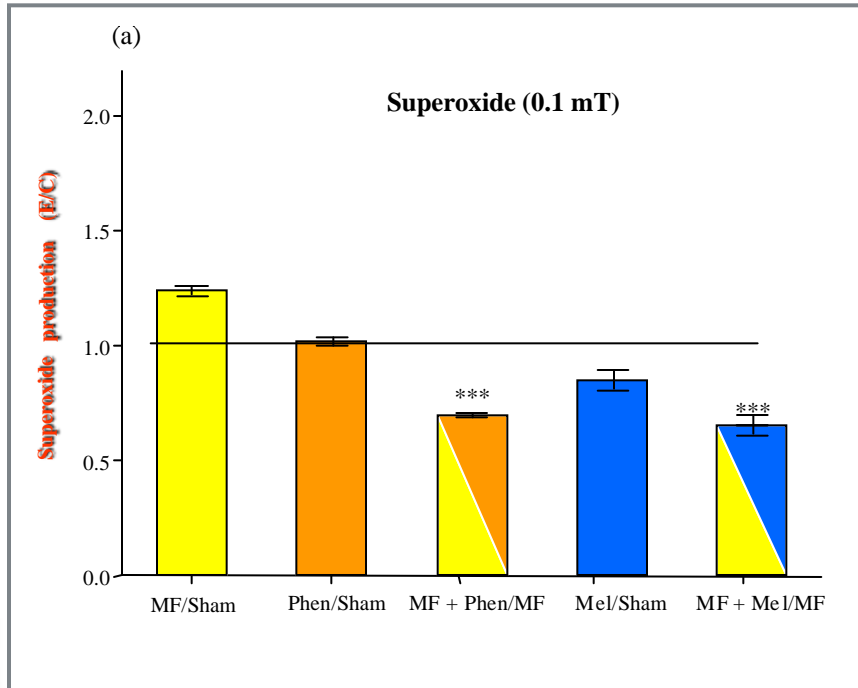


HSP70 protein in K562 cells post exposure



Free radical and HSP70 in the presence of antioxidants

in K562 cells



1,10-phenantroline (Phen; 1 mM) and melatonin (Mel; 1.5 μ M) were added 1 h prior exposure

Phen: iron chelator, scavenging the formation of OH radicals from H_2O_2
Mel: peroxyl radical scavenger

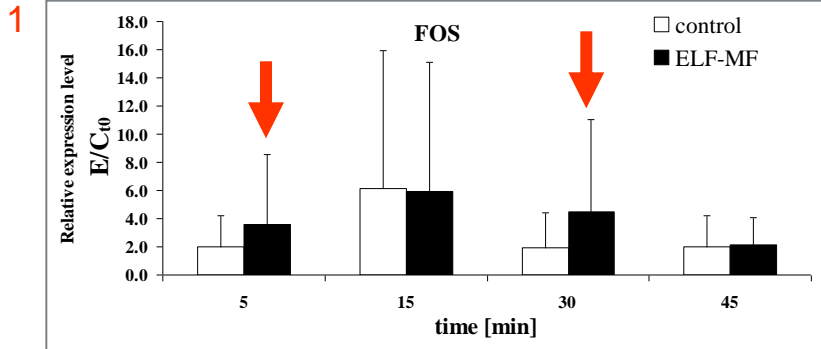
Changes on expression



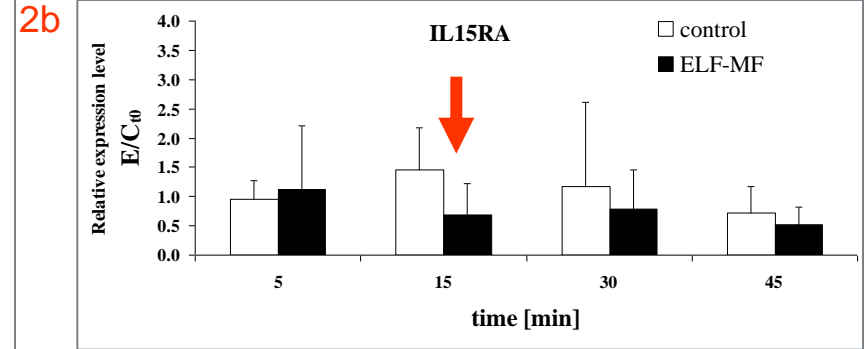
Protein (ca. 1000 anti bodies)	
ca. 150 regulated proteins	
40 up regulation	110 down regulation

RNA (75.000 clones and 5356 fully annotated genes)	
ca. 1000 regulated genes	
66 up regulation	340 down regulation

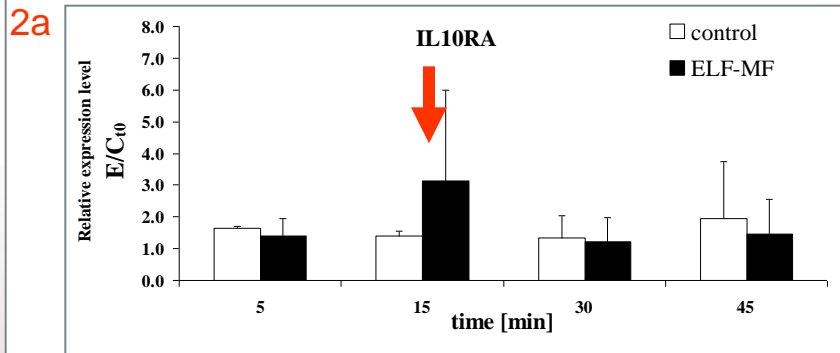
Gene expression – primary monocytes



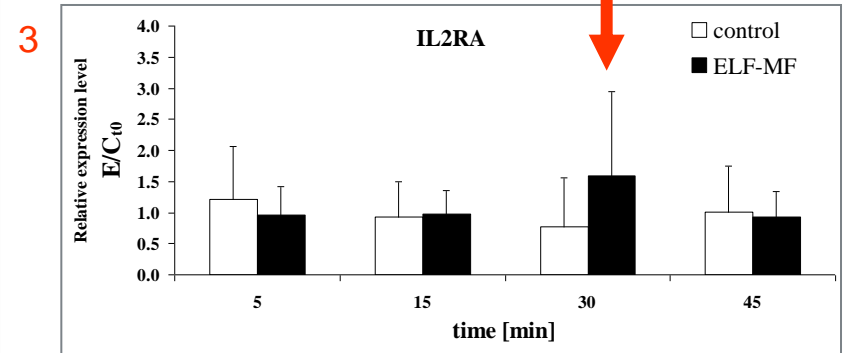
Transcription factor



Positive regulation of inflammation

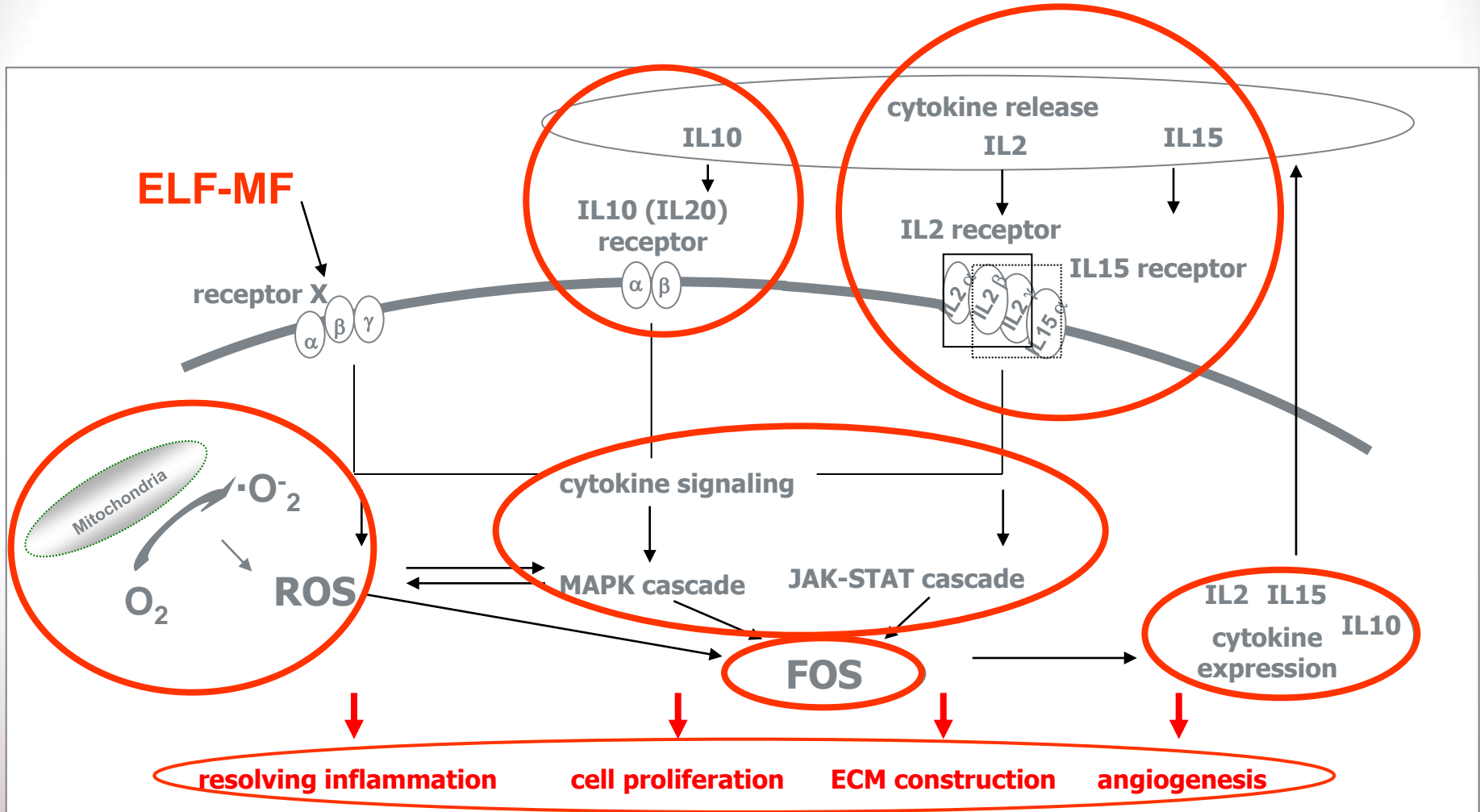


Anti inflammatory factor



Associated with adaptive immunity

Alternative activation pathway



Monocyte / Macrophage activation

Antigen-presenting phagocytes, secrete pro-inflammatory and antimicrobial mediators

Classically activated macrophages:

PROMOTES:

inflammation
extracellular matrix (ECM) destruction
apoptosis

phagocytosis → oxidative burst
tends to **elicit** chronic inflammation and **tissue injury**

Alternatively activated macrophages:

PROMOTES:

cell proliferation
ECM construction
angiogenesis

pinocytosis → free radical release
tends to **resolve** inflammation and facilitate **wound healing**

Lectine dependent activation

Summary of own results

- 👍 EMF induce immune cell activation: ROS, IL-1 β , phagocytosis, HSP70
- 👍 Seems to be cell type specific responses (different redox status, specific physiologic function), not in a general way
- 👍 ROS and HSP70 production: dose independency (flux density, time)
- 👍 Radical scavengers inhibit ROS and HSP70
- 👍 Modulation of the redox homeostasis leads to the activation of the alternative pathway in immune relevant cells



Grouping of experimental conditions as an approach to evaluate effects of extremely low-frequency magnetic fields on oxidative response in *in vitro* studies

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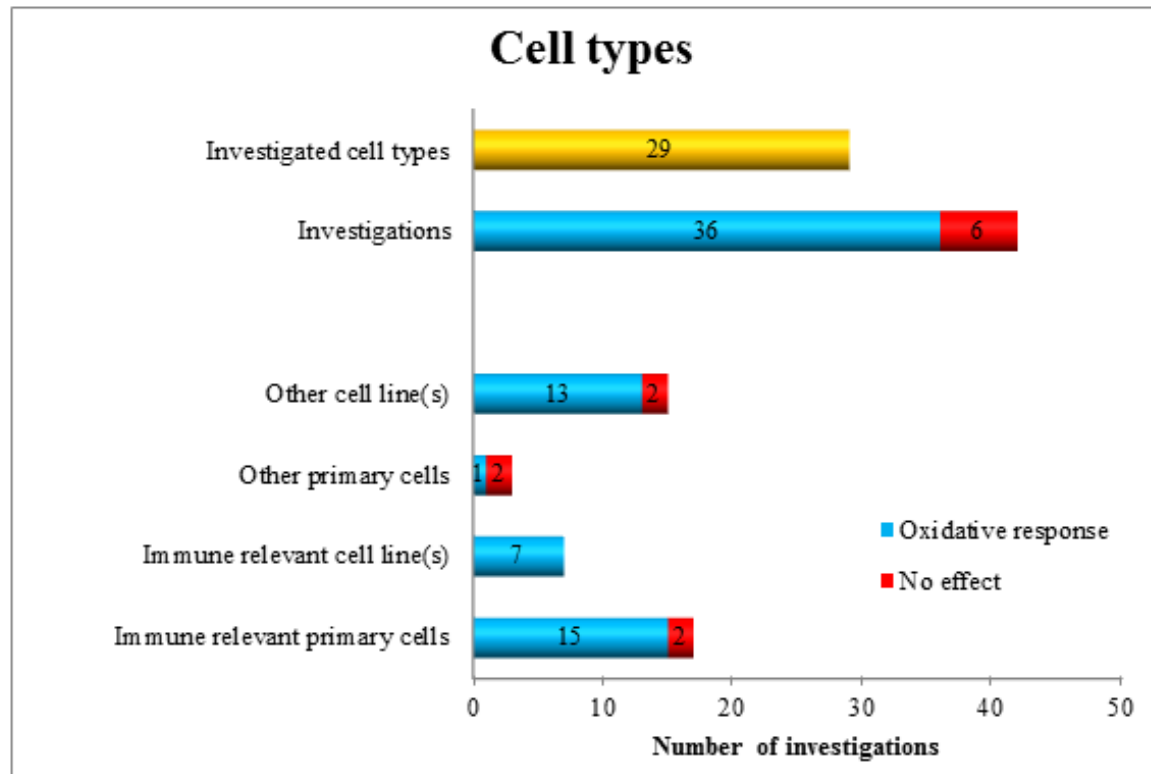
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A large body of literature deals with biological effects of extremely low-frequency magnetic fields (ELF MFs) studied *in vitro*. Despite the multitude of studies, no coherent picture has evolved regarding the plausibility of effects at low-flux densities or regarding the interaction mechanisms. Here, we propose that ELF MF exposure *in vitro* causes changes in oxidative status as an early response. We tested this hypothesis by scrutinizing the literature and applying a grouping approach for analyzing relevant biological properties and exposure conditions. A total of 41 scientific original publications were analyzed for this purpose. The conclusion from the work is that ELF MF (modulated or unmodulated) consistently can influence the oxidative status, at or above 1 mT, in a broad range of cell types and independent of exposure duration. A response at lower flux densities is seen in certain studies, although not consistently. Further studies with stringent protocols for sham exposure, blinding, and statistical analysis as well as appropriate positive controls are needed to establish if true dose-relationships for effects on oxidative status exist.

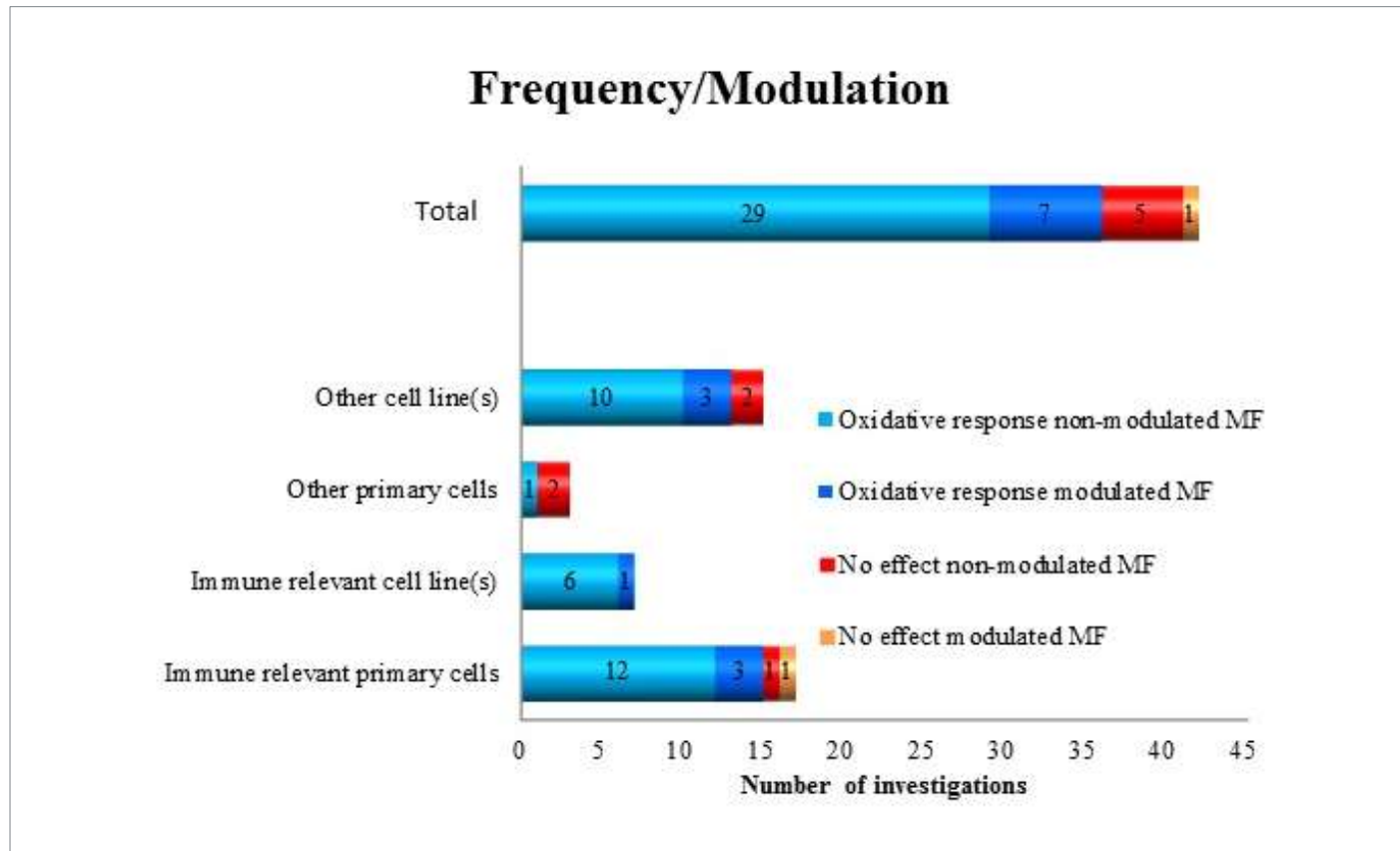
Keywords: mammalian cells, immune-relevant cells, flux density, exposure duration, ROS

Grouping approach



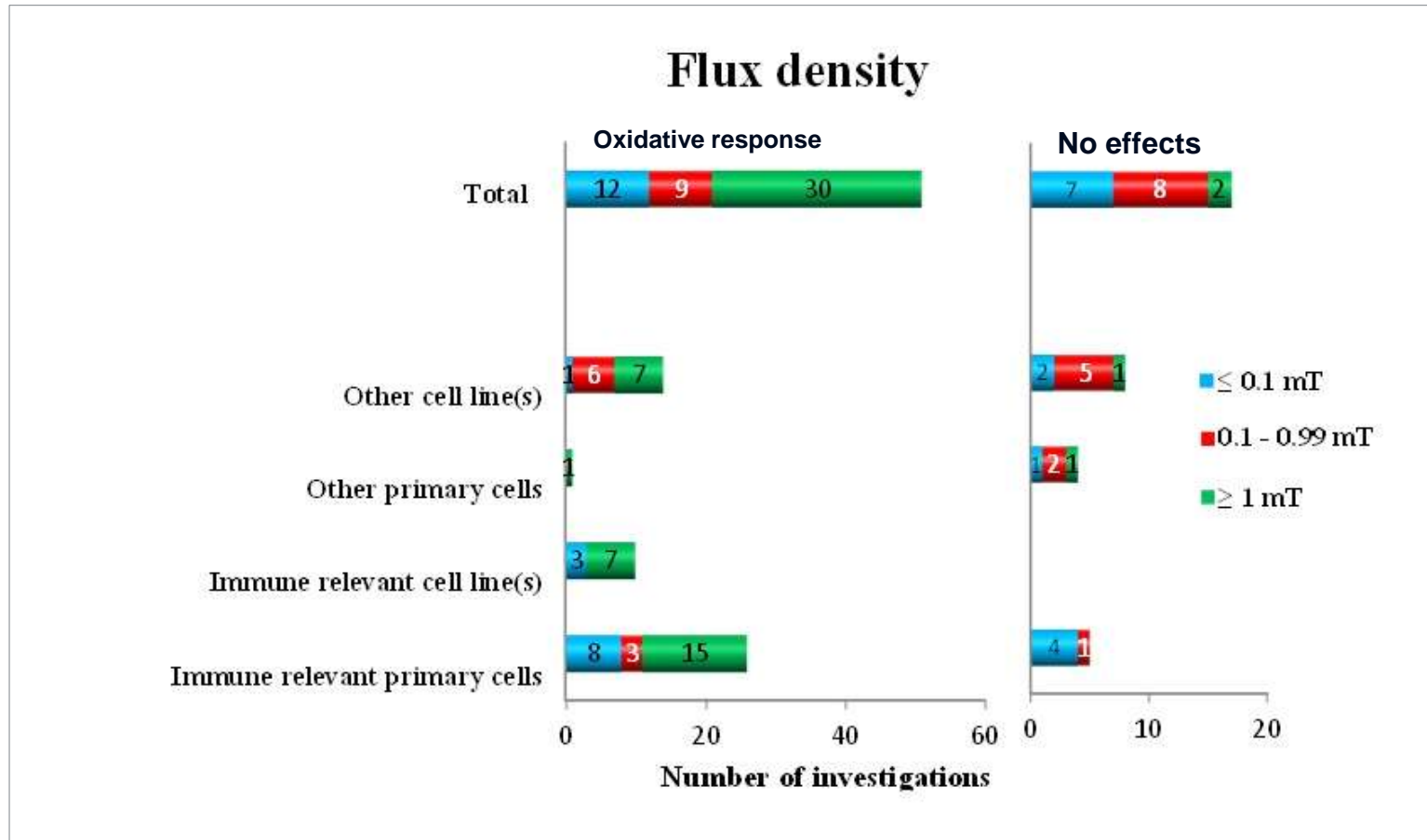
Seem **not** to be cell type dependent

Grouping approach



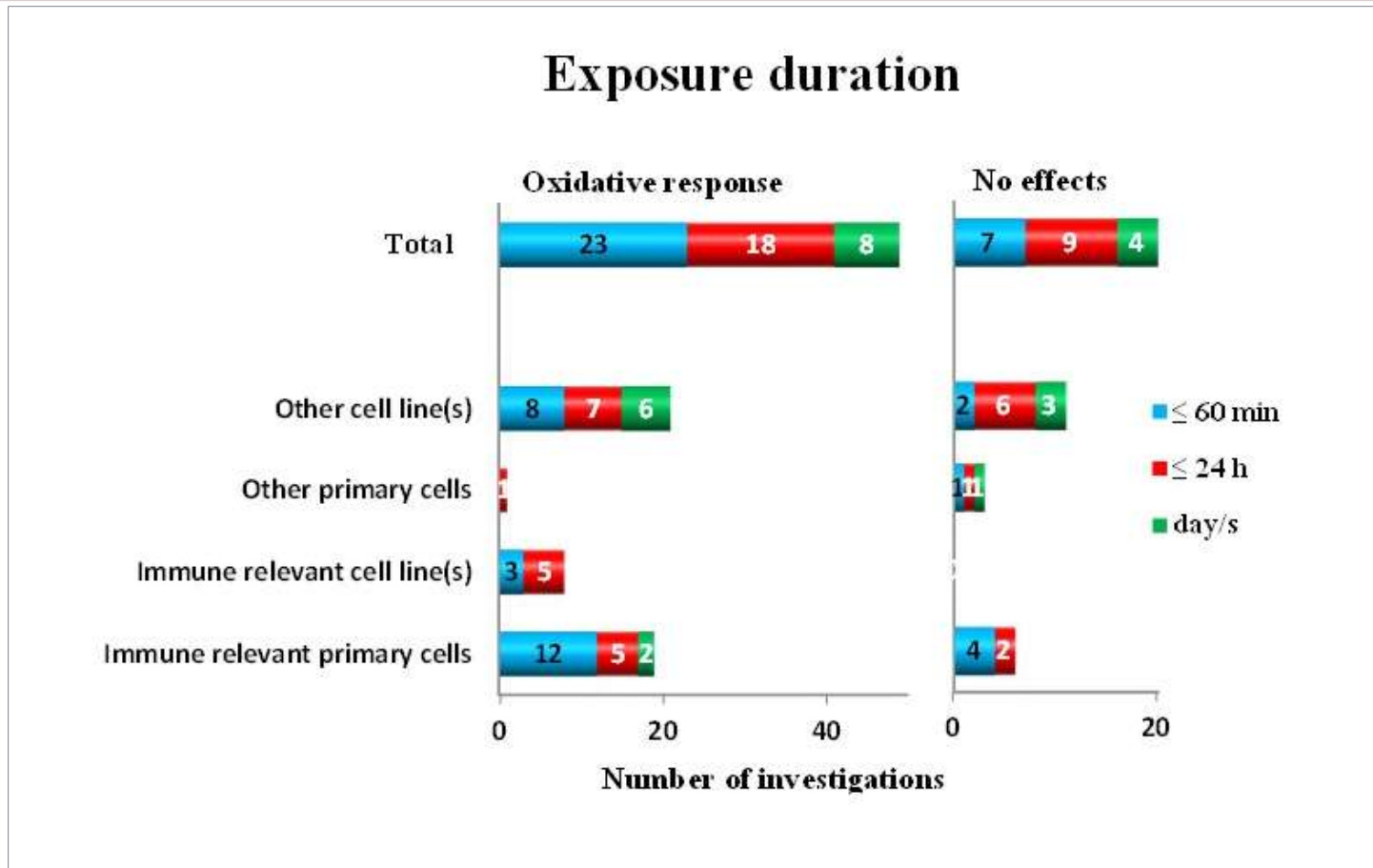
Seem **not** to be frequency/modulation dependent

Grouping approach



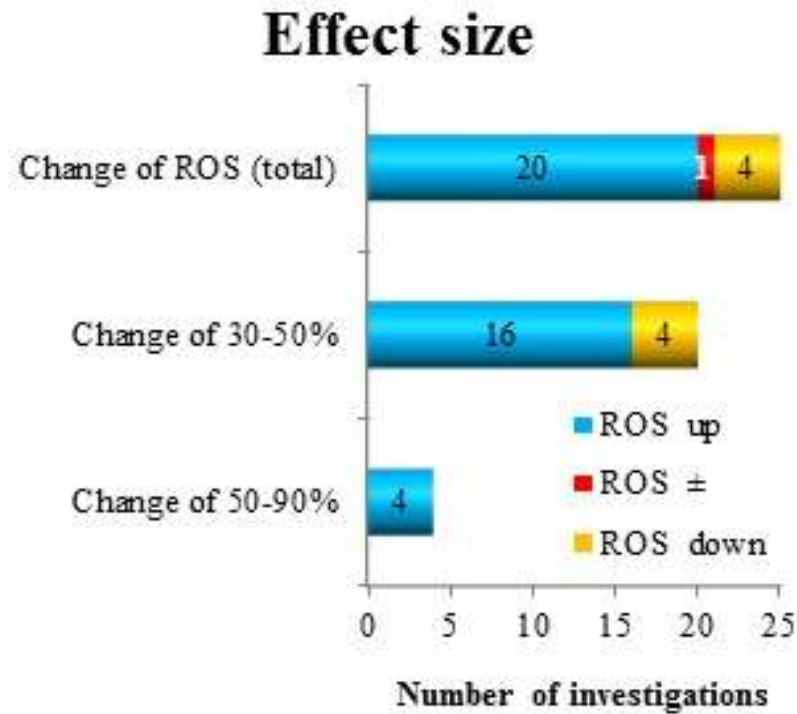
Seem to be flux density dependent

Grouping approach



Seem **not** to be exposure duration dependent

Grouping approach



Summary and objectives

- The interface between physics and biology is still unclear
- It might be on the membrane, on receptor(s) or at other cell organell(s), and/or in parallel
- MF seem to modulate cell specific oxidative responses which may depend on the cell's metabolic state and redox potential state
- It is known that MF influence different medicinal related processes such as transcranial stimulation via MF, wound and bone healing, etc.
- There is a need to identify new areas of application (dental area: gingiva) and
- to specify targeted (optimization of exposure parameters) applications

The module goal

..is to focus on beneficial effects related to oxidative responses and modulation of immune system functions of EMF MF in order to

- 1) **provide a better understanding** of underlying physical and biological mode of action and
- 2) to contribute to the development of innovative EMF-based **medical treatment.**

Thank you for your attention!